IBHC 2026

International Brain Health Conference 2026 Agenda

Date: 18-19 May 2026

Location: Sheraton Grand Hotel, Edinburgh

Programme: 18 May

IBHC 2026

Session 1: Registration and Opening				
11:30 – 12:30	**Registration and Lunch on Arrival**			
12:30 – 14:00	Chair: Prof Craig Ritchie	Welcome to IBHC '26	Anna Borthwick	12:30-12:40
		Insights from Lived Experience	Alison McGregor	12:40-12:50
		The Journal of Brain Health and IBHC Partnership: A Shared Vision	Kate Hayden	12:50-13:10
		Plenary Lecture: Optimism in Diagnostics and Therapeutics	Prof Jeff Cummings	13:10-14:00
Session 2: Service Developments				
14:45 – 16:30	Chair: Anna Borthwick	Changing Our Perspective; from Curing Alzheimer's to Preserving Brain Health	Prof Wiesje van der Flier	14:45 - 15:15
		ePSOM: Capturing Personally Meaningful Treatment Benefits	Seamus Small	15:15 - 15:40
		Brain Health Services in the UK	Prof Vanessa Raymont	15:40 - 16:05
		Economics of Brain Health	Prof Dominic Trepel	16:05 - 16:30
16:30 – 17:00: Break and Networking				
Session 3: Physical and Mental Health Comorbidities				
17:00 – 18:00	Chair: Prof Jeff Cummings	Depression and Neurodegenerative Disease	Prof Allan Young	17:00 - 17:30
		Infectious Disease and Brain Health	Prof Charlotte Warren-Gash	17:30 - 18:00
Invitation to Canapes, Networking and Drinks				
18:15 – 19:15	**Lobby of Venue**			

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Session 4: Nutrition and Global Health				
08:45 – 10:30	Chair: Prof Emma Stevenson	Targeting the brain to improve obesity	Dr Alasdair Leeson-Payne	08:45 - 09:10
		Dietary patterns and brain health	Dr Oliver Shannon	09:10 - 09:35
		PREVENT Ghana	Dr Sammy Danso	09:35 - 10:00
		Worldwide FINGERS in Africa	Dr Chi Umeh-Momoh	10:00 - 10:30
10:30 – 10:50: Break and Networking				
Session 5: Imaging				
10:50 – 12:10	Chair: Prof Terry Quinn	Recent findings and future directions	Prof Frederik Barkhof	10:50 - 11:20
		Brain vascular health	Dr Marialena Dounavi	11:20 - 11:45
		Ophthalmic insights to the brain	Prof Bal Dhillon	11:45 - 12:10
12:30 – 13:30: Lunch Break / Lilly sponsored symposium (healthcare professionals only)				
Session 6: Women's Health and Brain Health				
13:45 – 15:35	Chair: Dr Sarah Gregory	Menopause and brain health	Prof Eef Hogervost	13:45 - 14:10
		Women's health and the Next Gen Programme	Dr Francesca Farina	14:10 - 14:35
		Intimate partner violence and brain health	Dr Natalie Jenkins	14:35 - 15:10
		Contact sport and brain health	Dr James Robson	15:10 - 15:35
15:35 – 16:00: Break and Networking				
Session 7: Clinical Considerations				
16:00 – 17:15	Chair: Prof John Harrison	Prodromal dementia with Lewy bodies	Dr Paul Donaghy	16:00 - 16:25
		Blood based biomarkers – Gateway to a better future	Prof Craig Ritchie	16:25 - 17:00
		Meeting close and IBHC '27	Prof John Harrison	17:00 - 17:15